



When adolescents experience a death, their parents, caregivers, relatives and teachers are often concerned about how best to support and meet their needs. Adolescents express and process grief in a variety of ways depending on their age, personality, past experience of loss, support systems, and the context of the bereavement.

This information sheet is designed to help parents, caregivers, relatives and teachers to understand and support adolescents to navigate their grief experience.

